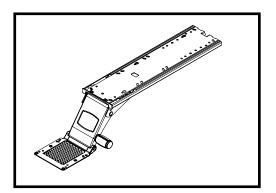
# User Guide, Pinnacle EX Arms: 3180-17N-BK, 3180-22N-BK

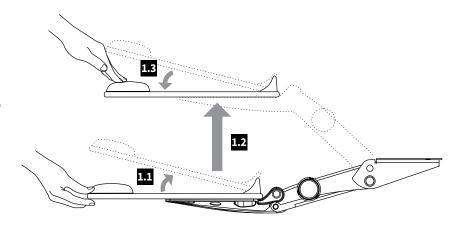




**Note:** Mount your adjustable keyboard arm to your worksurface and your platform to the arm using the instructions that came with that hardware.

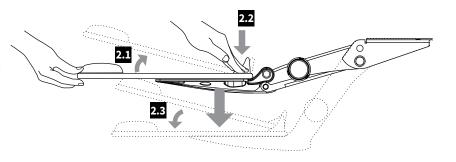
#### 1 Raising the Platform

- **1.1** Lift the front edge of the platform to disengage the break system.
- **1.2** Raise the Arm to your desired height.
- **1.3** Lower the front edge of the platform to lock in position.



## **2** Lowering the Platform

- **2.1** Lift the front edge of the platform.
- **2.2** Press down on the back edge of the platform to lower to your desired height.
- **2.3** Lower the front edge of the platform to lock in position.

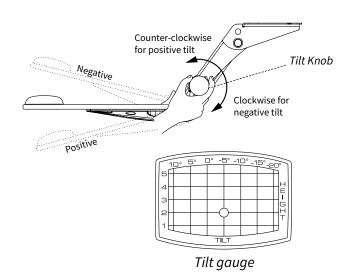


### 3 Adjusting Platform Tilt

To adjust platform toward negative tilt, turn the Tilt Knob "clockwise" until you reach a comfortable tilt angle.

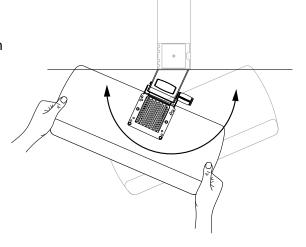
To adjust platform toward positive tilt, turn the knob "counter-clockwise" until you reach a comfortable tilt angle.

**Note:** The tilt gauge located on top of the keyboard arm indicates actual tilt angle and height. A platform tilt angle between  $0^{\circ}$  to  $-6^{\circ}$  is often suggested as a good base for proper wrist position.



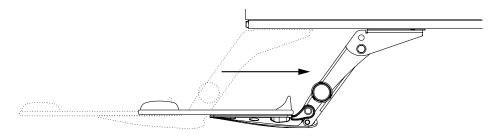
### 4 Arm Swivel at Track

All Workrite adjustable keyboard arms include a swivel rotation at the back of the arm at the keyboard track. To adjust swivel rotation, hold platform at both ends and rotate right or left.



#### 5 How to Store

Lower the keyboard platform below the worksurface and track. Push the platform to store under worksurface.



## 6 Consult the User Guide for your Keyboard Platform

Go to <a href="https://www.workriteergo.com/instructions">www.workriteergo.com/instructions</a> to find your Keyboard Platform User Guide for instructions on how to set up this product for ideal ergonomic benefit.